

# HONESTY

## Parent Resource

### What is honesty? Honesty means telling the truth.

As your child gets older, honesty will continue to be a valuable characteristic. It is important for your child to learn how to be honest and to communicate in a respectful, kind and truthful manner.

#### In grades three through five, children begin or continue:

- ✓ Identifying ways to display trustworthiness.
- ✓ Understanding the importance of being honest.
- ✓ Discussing ways to demonstrate honesty and loyalty towards others.

#### Below are ways you can help your child learn, practice and demonstrate honesty:

##### CREATE AN ENVIRONMENT FOR HONESTY

Create an environment where honesty is honored and recognized. For example:

- Carefully consider your response when your child is honest about a mistake he or she made.
- Support your child in accepting responsibility for his or her actions.

##### ENCOURAGE HONESTY

Encourage your child to be honest as situations arise. For example, if your child is not truthful when telling details of a story, you can explain the importance of being honest with friends and family. Share about the difficulties that arise in friendships and at school if an individual is not trustworthy.

#### TOPICS TO CONSIDER DISCUSSING WITH YOUR CHILD:



Consider potential outcomes of repeating and/or sharing information that is not true.



Talk about ways that honesty and trustworthiness can lead to success in school.



#### DINNER TABLE CONVERSATION STARTER

Encourage your child to discuss a time when it was challenging to be honest, but it was the right decision. Share an example you have experienced where being honest was difficult but rewarding.

**BY ENCOURAGING YOUR CHILD TO BE HONEST, YOU CREATE AN ENVIRONMENT WHERE HONESTY IS PRACTICED, EXPECTED AND APPRECIATED.**