

RESPONSIBILITY

Parent Resource

What is responsibility?

Responsibility means using good judgment, self-control and owning one's actions.

As your child gets older, it is important for him or her to continue to develop responsibility by taking ownership of his or her life. It is also important that your child acknowledges that he or she is accountable for the choices he or she makes.

In grades three through five, children begin:

- ✓ Identifying ways decisions affect others.
- ✓ Understanding positive ways to deal with failure and learn from challenges.
- ✓ Learning how attitudes and thoughts can influence one's behavior.

Below are ways you can help your child learn, practice and demonstrate responsibility:

DISCUSS ROLE RESPONSIBILITIES

Discuss with your child the responsibilities associated with their role as a student, sibling, friend or teammate.

ASSIGN HOUSEHOLD TASKS

Assign chores and household tasks to your child. By completing household tasks, your child will contribute to the household in a productive and positive way.

BY TEACHING YOUR CHILD TO BE RESPONSIBLE, YOU ARE HELPING HIM OR HER POSITIVELY CONTRIBUTE TO THE FAMILY, SCHOOL AND COMMUNITY.



SKILLS TO CONSIDER PRACTICING WITH YOUR CHILD:



Making responsible decisions that affect personal well-being.



Taking responsibility for your actions. For example, apologizing when he or she has negatively impacted another or completing homework without being reminded.



ACTIVITY FOR YOU AND YOUR CHILD

Discuss with your child goals or plans your family has within the next week or month. What responsibilities need to be met to accomplish these goals or plans?