

# HONESTY

## Parent Resource

### What is honesty?

Honesty means telling the truth.

As your child gets older, honesty will continue to be a valuable characteristic. It is important for your child to learn how to be honest and to communicate in a respectful, kind and truthful manner.

#### In grades nine through twelve, children begin or continue:

- ✓ Demonstrating effective and respectful communication skills and strategies.
- ✓ Modeling honesty in responsible decision-making.
- ✓ Navigating leadership and career opportunities.

#### Below are some ways you can help your child learn, practice and demonstrate honesty:

##### TALK ABOUT THE IMPORTANCE



Talk about the importance of honesty when working as part of a group at school or in the workplace. Showing up on time, meeting deadlines and being honest when a mistake has happened contribute to accomplishing the group's goal.

##### DISCUSS INTEGRITY



Discuss the importance of showing integrity. Describe how dishonesty can affect your child's future goals or create challenges and setbacks. In contrast, highlight how being honest and showing integrity can positively impact your child's goals such as his or her career or educational opportunities.

**BY ENCOURAGING YOUR CHILD TO BE HONEST, YOU CREATE AN ENVIRONMENT WHERE HONESTY IS PRACTICED, EXPECTED AND APPRECIATED.**

#### TOPICS TO CONSIDER DISCUSSING WITH YOUR CHILD:



Demonstrate effective and respectful communication to combine honesty with kindness.



Analyze how actions and reactions can influence one to respond in different situations and how this can make it challenging to practice honesty.



#### DINNER TABLE CONVERSATION STARTER

Discuss with your child potential future career options. Talk through how honesty is valued in the workplace. Why is it important to be honest in his or her chosen career path?