

# RESPONSIBILITY

## Parent Resource

### What is responsibility?

Responsibility means using good judgment, self-control and owning one's actions.

As your child gets older, it is important for him or her to continue to develop responsibility by taking ownership of his or her life. It is also important that your child acknowledges that he or she is accountable for the choices he or she makes.

### In kindergarten through second grade, children begin:

- ✓ Demonstrating the ability to follow rules and directions.
- ✓ Understanding how individual actions can affect others.
- ✓ Learning ways to respect other people's personal property and personal space.

### Below is a way you can help your child learn, practice and demonstrate responsibility:

#### INTRODUCE THE WORD



Introduce the word "responsibility" to your child's vocabulary. It is important for your child to understand what the meaning is and how it applies to them. Explain examples of being responsible, acting with good judgment and demonstrating self-control.

**BY TEACHING YOUR CHILD TO BE RESPONSIBLE, YOU ARE HELPING HIM OR HER POSITIVELY CONTRIBUTE TO THE FAMILY, SCHOOL AND COMMUNITY.**



### SKILLS TO CONSIDER PRACTICING WITH YOUR CHILD:



Developing a schedule for household chores and other activities that your child is expected to complete.



Demonstrating the ability to listen to directions, take turns and share with others.



### DINNER TABLE CONVERSATION STARTERS

Discuss with your child his or her current responsibilities at home and at school. For example, doing homework, feeding pets and cleaning his or her room.

Taking responsibility can provide a great sense of accomplishment! Ask your child what other responsibilities he or she would like to help with.